

Inflight Entertainment

2024-2025



Your Window to
Japan and Asia



NHK Global Media Services, Inc.

Daily News Programs



Good Morning, Japan

[おはよう日本]

Duration 30-60 min. (Mon-Sun)

Language Japanese

Fresh news and information to start off the morning.



NHK News 7

[NHKニュース7]

Duration 30 min. (Mon-Sun)

Language Japanese / English (Sub-channel)

NHK's core news program wrapping up the day's events in an easy-to-understand way.



News Watch 9

[ニュースウォッチ9]

Duration 60 min. (Mon-Fri)

Language Japanese / English (Sub-channel)

NHK's mainstay evening news program.



Cycle Around Japan

Duration 49 min.
Language English

Come ride with us! Bicycle through the scenery of Japan, stay with locals and discover hidden traditions in a Japan you didn't know existed.

[View trailer](#)



Episodes



Gunma - An Unstoppable Energy

It's spring, and the rivers are high with mountain snowmelt as we ride through Gunma, in the center of Japan. People here are known for living long, and for having an energy that never seems to fade.



[View full episode](#)



Tokushima - Where Teamwork Runs Deep

The cherry blossoms are blooming as we explore Tokushima from its fertile coast to hidden valleys in the west where communities cooperate to survive in a harsh mountain environment.



[View full episode](#)



Hiroshima- Going it Alone

We discover how people live today in the city and prefecture of Hiroshima, where society has long since returned to normal after the devastation of the atomic bombing more than 75 years ago.



[View full episode](#)



Sado - Island of Hidden Treasures

Much of Japan's famous gold was mined on Sado, immense riches giving rise to cultural traditions like the islanders' love of Noh theater. Sado's natural wonders include the once-extinct crested ibis.



[View full episode](#)



Southern Nagano - Exploring Its Hidden Valleys

A 400km ride through southern Nagano on a historic old highway and winding mountain roads to an area with a unique culture, including traditional wooden comb making, green tofu and rice straw craft.



[View full episode](#)



The Old Hokuriku Kaido - Exploring a Forgotten Highway

In the first of a new series exploring Japan's pre-modern network of highways, we discover the unique culture they inspired as we ride from Fukui to Niigata on part of the 400km Old Hokuriku Kaido.



[View full episode](#)



Japan Railway Journal

Duration 28 min. *May vary

Language English

Go behind the scenes of Japan's amazing railways. Interesting facts, new technologies, expert tips, plus where to go, how to get there and more!

Episodes

Ekiben: Making a Comeback

Ekiben (boxed meals made to be eaten on the train) are a true companion on railway journeys in Japan. See the ideas ekiben companies have been coming up with to help come back from the pandemic.



[View full episode](#)

Oigawa Railway: Keeping Steam Alive

Oigawa Railway in Shizuoka Prefecture was the first to revive steam locomotives in Japan. See how the company has continued to operate despite typhoon damage and the pandemic.



[View full episode](#)

Affordable Luxury Trains: Kintetsu Railway

As luxury tourist trains gain attention, Kintetsu Railway is popularizing its sightseeing limited express trains with affordable fares. See how the company is using its express network for tourism.



[View full episode](#)

Yuri Kogen Railway: Getting People Back on Track

Opened in 1985, Yuri Kogen Railway in Akita Prefecture continues to face challenging business conditions as the population along the line declines. See how the company is struggling to survive.



[View full episode](#)

Ichibata Electric Railway: Working Hand in Hand with the Region

Ichibata Electric Railway in Shimane Prefecture is a vital means of transportation in the region. See how they've been working with the local government and residents to recover from the pandemic.



[View full episode](#)

The Challenging Journey of Akechi Railway

This year marks the 90th anniversary of the Akechi Line, now third-sector Akechi Railway, in Gifu Prefecture. See how the railway continues to operate with local support despite financial challenges.



[View full episode](#)



Curated Japan

Duration 20-25 min.

Language English & Japanese subtitles

Travel information of undiscovered parts of Japan, based on reports by NHK's local broadcast stations across the country. Join us and experience a virtual tour that takes you to exotic views around Japan!

Made exclusively for inflight

Episodes



Seasonal Colors from Spring to Early Summer

Discover the vivid colors of the season in various landscapes across Japan, from Hokkaido to Kyushu! A flower-filled garden by a lake in Hakone, traditional seasonal sweets in Kyoto, a cluster of "five-colored" marshes in Fukushima...and more!

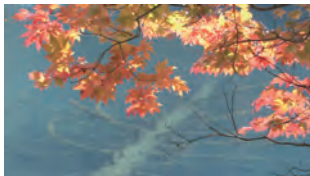
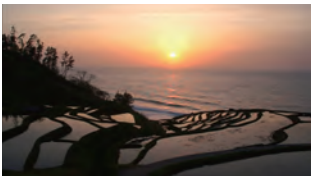
Scenes Under the Summer Sun

A guide to the many ways to cool yourself down during the hot and humid summer in Japan. Enjoy the fresh spring water of the Kuzuryu River in Fukui, the famous orange shaved ice in Ehime, or fresh-from-the-tap beer in Hokkaido!

[View full episode](#)



[View full episode](#)



Fall's Beauty and Bounty

The beauty of fall in Japan, from seasonal food to the autumnal colors of mountains and lakes. Locations include the Senmaida Rice Terraces in Oku Noto and the mysterious Lake Onneto in Hokkaido.

Tohoku: Thriving through Winter

Trees are transformed by heavy snow and ice in Hakkoda, Aomori Prefecture, to form "snow monsters," one of Tohoku (northeast Japan)'s most popular scenery. We also bring you five other stories that illustrate daily life during the harsh winters of Tohoku.

[View full episode](#)



[View full episode](#)





Asia Insight

Duration 28 min.

Language English

Dynamic Asia. Stories behind the world's largest continent as it faces political, economic, cultural and technological change.

Episodes



[View full episode](#)

Caring for Aging Taiwan

Taiwan's society is aging at a rapid pace, and many choose to care for the elderly at home rather than send them to assisted living. Aiding them are caregivers from among 230,000 foreign workers.

©NHK/TEMJIN



[View full episode](#)

Saving Schools on the Steppes: Mongolia

Elementary schools for nomadic children are closing as funding and student numbers fall. Meet an architect determined to stop this vicious cycle.

©NHK/SHUN



[View full episode](#)

Matchmaking for Women - India's Tradition and Beyond

In India, looking for a marriage partner has long been a family affair, but with more women taking an active role in society, the method and priorities of the search are starting to change.

©NHK/NIHON DENPA NEWS



[View full episode](#)

Living Among the Sinking Islands: The Maldives

In the Maldives, rapid construction of artificial islands is underway to combat coastal erosion that disrupts the lives of people near the shore, but with the construction come new difficulties.

©NHK/TEMJIN



[View full episode](#)

Inheritors of the "Last Traditional Village": Yunnan, China

Wengding, home of the Wa people in Yunnan Province, is called China's "last traditional village," but residents have been moved away, with the village now run by an outside developer to boost tourism.

©NHK/TEMJIN



[View full episode](#)

The Rise of "New HongKongers"

In 2022, the Hong Kong government implemented a policy attracting outside workers to combat depopulation, drawing businesspeople and families relocating to find better lives as "New HongKongers."

©NHK/TEMJIN



Ramen Japan

Duration 15 min.
Language English

An encyclopedic view of ramen, a savory combination of umami-packed broth and perfectly cooked noodles. We take you on a journey across Japan to discover ever-evolving local variations.

*Two episodes can be combined for a single purchase

Episodes



TOKYO Part 1

Tokyo's original ramen, born during the postwar reconstruction. Try some for yourself on this ramen journey ... by train!



[View full episode](#)



NIIGATA Part 1 & 2

Niigata Prefecture is one of Japan's foremost ramen hotspots. Let's explore the diversity of the city's beloved ramen dishes.



Part 1 Niigata, Nagaoka & Nishikan areas
Part 2 Tsubame & Sanjo

[View Part 1](#)



TOKUSHIMA

Tokushima ramen means tonkotsu! Topped with pork belly, and, of all things, raw egg—enjoy a one-of-a-kind bowl of ramen!



[View full episode](#)



HIROSHIMA

Two local takes on ramen that kept Hiroshima fed during postwar reconstruction; flavors passed down for generations.



[View full episode](#)



HOKKAIDO Part 1 & 2

A whirlwind tour of Hokkaido Prefecture's best ramen! Why not whet your appetite with the origin story of Sapporo miso ramen?

Part 1 Sapporo
Part 2 Hakodate & Asahikawa



[View Part 1](#)



TONKOTSU RAMEN: FUKUOKA Part 1 & 2

Fukuoka Prefecture, the birthplace of tonkotsu. Looking at the Hakata and Nagahama styles, we'll learn these ramens' secrets, and the story of their creation.

Part 1 Hakata & Nagahama
Part 2 Kurume



[View Part 1](#)



Homecoming Songs

[おかえり音楽室]

Duration 29 min.

Language Japanese with English subtitles

What would you sing at your alma mater? Step into the nostalgic melodies of Homecoming Songs as renowned artists take a heartfelt journey down memory lane in this captivating music documentary.

Episodes



Da-iCE

In this episode, Da-iCE's Hanamura Sota, with an incredible four-octave vocal range, reunites with mentors and classmates who shaped his destiny before performing in his old music classroom.



[View full episode](#)



Awich

Trailblazing Japanese hip-hop artist Awich returns to Okinawa to connect with the people who shaped her destiny. The final live performance will leave you breathless.



Macaroni Empitsu

Hattori, guitarist and vocalist of the rock sensation Macaroni Empitsu, looks back at his own youth with a passionate performance.



[View full episode](#)



[View full episode](#)



Medical Frontiers

Duration 28 min.

Language English

Prevention to cure! The groundbreaking world of Japanese medical technology and healthcare. From food and exercise to the latest treatments.

Episodes



[View full episode](#)

Breakthroughs in Stopping Aging

Japanese researchers have discovered that the accumulation of certain cells can cause age-related diseases. They have identified a drug and developed a vaccine that removes these cells to stop aging.



[View full episode](#)

Destroying Pancreatic Cancer With Ultrasound

Ultrasound is emerging as an effective treatment for pancreatic cancer. HIFU uses focused heat to target and destroy cancer cells, and there is minimal harm to the body. We report on its potential.



[View full episode](#)

The Power of Vitamin D: From Osteoporosis to Cancer

Japanese researchers have uncovered the mechanism behind vitamin D's bone-strengthening effects. Its potential impact on cancer is also becoming apparent. We explore the power of Vitamin D.



[View full episode](#)

New Findings on Walking and Running

Interval Walking Training, developed in Japan, is attracting global attention. The latest scientific findings show that alternating between fast walking and slow walking promotes health.



[View full episode](#)

Fascia: Cause of Chronic Pain

Fascia is a membrane-like tissue beneath the skin enveloping internal organs. We introduce the latest treatment for shoulder stiffness and lower-back pain utilizing the characteristics of fascia.



[View full episode](#)

Need Good Sleep? Reset Your Body Clock

New research results have revealed that resetting a disrupted body clock can improve sleep. We introduce a hospital that offers clock-resetting treatments and share dietary tips for better sleep.

Japanese Programs



NHK TV Taijō Exercise

[テレビ体操]

Duration 5 min. / episode

Language Japanese

Relax your body and mind with simple exercises practiced widely throughout Japan. The majority of movements are feasible for all ages and fitness levels. Incorporate them into your daily routine.



[View sample episode](#)

©NHK



The Edible Foe

[ボクを食べないキミへ]

Duration 10 min. / episode

Language Japanese

The taste, the smell, the appearance—we all have a food we hate. But can we learn to like our 'edible enemy'? In this unusual cooking show, the food the guest despises appears as a digital character and helps them try to overcome their aversion.



Matsumura Sayuri vs Natto



The "edible enemies"



Just one bite!



[View sample episode](#)

About Us



NHK Global Media Services, Inc. (G-Media) was established in 2009 through the amalgamation of NHK Joho Network, Inc. and Japan Teletext Co., Ltd.

As an affiliated company of NHK, it assists NHK's operations in various fields including news and sports broadcasting, program production, closed captioning, datacasts and licensing. Over the years, it has expanded its business to offer media-related services to various clients.

Our services include:

Content production

We have an experienced team of specialists in planning, filming and editing, who have access to the largest visual archives in Japan (containing 60,000 hours of material) and 4K and 8K cameras and other state-of-the-art technology.

Provision of NHK programs

We provide NHK news and other content for in-flight videos, digital signage, large outdoor screens, and mobile devices in cars and trains. Service venues include the JR, Tokyu, and Keio Line trains, All Nippon Airways and Japan Airlines flights, and Haneda International Airport.

Closed captions and text

Drawing on thirty years of experience in making NHK's TV broadcasts more viewer-friendly, we provide closed captions for both live and archive content on online platforms and television.

Interpreting and translation / Organizing events & symposia

Through our Bilingual Center, we provide high-quality interpreting and translation services in multiple languages for broadcasting and other fields. Our International Training Institute, placed within the Bilingual Center, trains professional Japanese-English/English-Japanese interpreters and translators for broadcasting, international conferences and other assignments. We also provide one-stop event organization services including simultaneous interpretation and live captioning.

About NHK

NHK (Nippon Hoso Kyokai, or Japan Broadcasting Corporation) is Japan's sole public broadcaster. Funded by fees from TV-viewing households in Japan, NHK delivers a wide range of impartial, high-quality programs to audiences in Japan and abroad.



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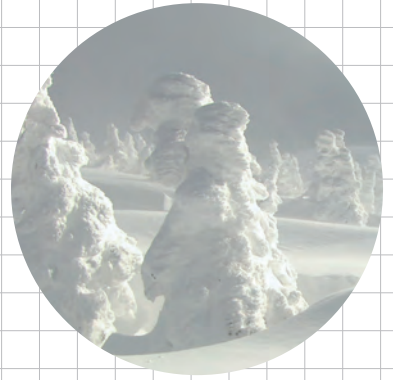
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